

129 Principles of Positive Discipline for Happy Parents and Children

1 Basic premise Children are independent persons who should be respected.

2 Implementation principles

- Positive discipline begins with parents understanding their children's development and their role as parents.
- Parents and children should have mutual trust.

9 Implementation methods



Know your child

Every child has a unique temperament and personality. Children grow and develop at different rates. Therefore, please take a close look at how your child thinks and feels.



Looking back on yourself

As a parent, ask yourself how to be a better parent based on understanding your own characteristics.



Changing perspective

Change your perspective. Is what you consider your child's problematic behavior truly problematic enough to require correction?



Grow together

Change your role as a parent in line with your child's growth.



Spending quality time with your child

When spending time together, please give your child your full attention.



Listen and empathize

Actively listen to your child so that he/she feels heard, valued, and understood.



Consistency

Set limits and boundaries that your child understands and stay consistent on discipline.



Admit mistakes

Admit that you as a parent can make mistakes sometimes and apologize to your child.



Ask for help

Ask for help from the people around you or experts when facing difficulties.